

# Recovery Day: A Free Event to Celebrate Overcoming Addiction

NEW WESTMINSTER – Mark your calendar for the 7<sup>th</sup> annual Recovery Day BC event happening at 6th Avenue and 6th Street in New Westminster, from 12-5 PM on Saturday, September 8, 2018.

Orchard Recovery Center is proud to have been a part of a team that initiated the Recovery Day movement in 2012, and continues to support the movement year after year.

Recovery Day BC is Canada's largest mental health and addiction awareness event.

## THE ENTERTAINMENT

This year's event features a free concert with Matthew Good at 4 PM, as well as other live music, a kids zone, over 90 mental health and addiction information booths, free McDonald's coffee, free speaker presentations on

health care, a memorial exhibit, and much more.

Whether you are in recovery from a drug or alcohol addiction, an ally to someone who is in recovery, looking for addiction recovery resources, or you just think that sobriety is awesome you're invited! Everyone is welcome to celebrate recovery.

Now in its seventh year, Recovery Day BC is once again shutting down the streets of New West for this substance-free, wicked-awesome and family-friendly event.

Part music festival, part street party, and part educational event, Recovery Day BC is a celebration, a rally, and a tool to raise awareness for recovery while reducing the stigma of addiction.

## THE GOAL

Recovery Day aims to celebrate recovery while remembering those lost due to addiction. With over 10,000 people who attended the 2017 event, organizers want to bring awareness to Canadians in recovery from alcohol and drug addictions.

Alongside families, friends, and allies, their goal is to speak with one voice, to send a message that recovery is possible.

This gathering helps to change public perception of what recovery from addiction looks like, and promote public policy change across the country.

On September 8, people in recovery from addiction will join with friends and family to build awareness, challenge societal stigma, and celebrate the role that recovery plays in improving life for individuals, families, and communities.

They firmly believe that recovery saves lives and they envision a world in which recovery from addiction is a common, celebrated reality – a world where individuals will not experience shame when seeking help.

Participants are passionate about sharing the faces, voices and stories of recovery in hopes of inspiring and inviting others to join them on the rewarding and diverse path to wholeness.

This September, be present to stand alongside thousands of others who are proud to be clean and sober from drugs and alcohol, as well as their allies.

From humble roots in Vancouver, Recovery Day has grown into a national phenomena with events taking place all across the country. For more information, head to RecoveryDayBC.ca.

The Orchard is an internationally accredited drug and alcohol treatment center operating on Bowen Island since 2002, and provides a full complement of treatment options to build a solid foundation for recovery.

From residential primary care starting with detox, to continuing care outpatient program in West Vancouver, as well as family and alumni services, they provide ongoing support for a lasting recovery.

The Orchard is committed to eradicating the stigma of addiction and fostering a new, sustainable culture of recovery. They build strong communities of recovery that, in turn make meaningful contributions to society as a whole. They are leaders in the growing recovery advocacy movement in Canada and they celebrate recovery!

To learn more, visit online: [OrchardRecovery.com](http://OrchardRecovery.com).

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**RECOVERY DAY BC FESTIVAL**  
 OVERCOMING ADDICTION

SEPTEMBER 8, 2018 12PM TO 5PM  
 NEW WESTMINSTER STREET FESTIVAL  
 2 LIVE STAGES  
 FREE COFFEE  
 KIDS ZONE  
 SPEAKERS  
 VENDORS  
 ART  
 AND MORE....

**FREE CONCERT 4PM**  
**MATTHEW GOOD**  
[MATTHEWGOOD.GRS](http://MATTHEWGOOD.GRS)

Orchard Recovery Center proudly supports Recovery Day BC

**ORCHARD RECOVERY CENTER**  
 604-947-0420  
 1-866-233-2299  
[orchardrecovery.com](http://orchardrecovery.com)

Orchard Recovery Center is an internationally accredited drug and alcohol addiction recovery center.

**4<sup>th</sup> ANNUAL VANCOUVER FOLK MUSIC FESTIVAL**  
 July 13-15 Jericho Beach Park

DIRECT FROM IRELAND, TWO GIFTED SINGER/SONGWRITERS:  
**WALLIS BIRD • MICK FLANNERY**

PLUS ... NEKO CASE | RY COODER FEATURING THE HAMILTONES  
 RODNEY CROWELL | THREE WOMEN AND THE TRUTH | JAMES MCMURTRY  
 THE DEAD SOUTH | RANKY TANKY | JAYME STONE'S FOLKLIFE | DARLINGSIDE  
 DAKHABRAKHA | WAZIMBO & BANDA KAKANA | KACY & CLAYTON  
 DONOVAN WOODS • JAYME STONE'S FOLKLIFE • LES POULES À COLIN  
 STEVE RILEY AND THE MAMOU PLAYBOYS • DARLINGSIDE • DALAVA  
 STEPH CAMERON • MURFITT AND MAIN GRANT • LAWRENCE AND FRIENDS  
 JOACHIM CODDER • VIPER CENTRAL • PROFESSOR BANJO AND ESTRO JENNIES  
 AND MANY MORE

**MEET YOU AT THE BEACH!**

[THEFESTIVAL.BC.CA](http://THEFESTIVAL.BC.CA)

**Canmore highland games** **SEPT 1-2 2018**

AMAZING HIGHLAND RAFFLE - ALL EVENTS GO ON RAIN OR SHINE  
 NO PETS - PLEASE PARK AND WALK

**Taste of the Highlands**  
 Saturday, September 1, 5 – 9 pm  
 Enjoy an evening of wine, scotch, beer and food tasting with local and international wines, whiskies and brews from some of the world's most celebrated producers. The Celtic lounge atmosphere features experts available to share their knowledge as you taste your way from booth to booth. Appetizers served up by some of Canmore's finest restaurants.

**The Highland Games**  
 Sunday, September 2, 8 am – 5:30 pm  
 Join us for a full slate of outdoor events comprising the Highland Games: Pancake breakfast, highland dancing, piping and drumming, heavy sports, tug of war contest, sheep dogs, clan tents, Celtic market, Scotch tasting, traditional food and beverages, beer tent with live music, food trucks, massed bands and more.

**The Canmore Ceilidh**  
 Sunday, September 2, 6 – 11 pm  
**THE MUDMEN**  
 The evening Ceilidh is a spirited celebration of music and dance, kitchen-party fashion, Scottish country dancing, Highland Dance, Irish Dance, guest pipe band, and live Celtic music by the Mudmen, and a variety of other acts for your entertainment all evening long!

Advance tickets & bundles available online now:  
[canmorehighlandgames.ca](http://canmorehighlandgames.ca)